



UNDERSTANDING YOUR CHILDS MENTAL HEALTH PARENT WEBINAR

Join our friendly and informative webinars designed to help parents and carers better understand their child's mental health

Monday 24th July
9:30am - 10:30am
Via MS Teams



Thursday 31st July
4:00pm - 5:00pm
Via MS Teams



To sign up to the webinars, please email
bchft.reflexions@nhs.net