Walsall Council

Walsall Healthcare NHS
NHS Trust

Bedwetting Workshop

"Bedwetting is a widespread and distressing condition that can have a deep impact on a child or young person's behaviour, emotional wellbeing and social life. It is also very stressful for the parents or carers." (Nice 2010)

We know that life is not normal at the moment due to Coronavirus however we recognise that parents/carers still need information to support their child. The School Nursing Service offer free bedwetting management workshops offering advice to parents and carers of children aged 4-19 years.

We cannot deliver face to face workshops at the moment because of social distancing guidance. However, we can offer these sessions virtually. We are offering video sessions via Microsoft Teams which is safe application used by the NHS.

This workshop explores:

- What is nocturnal enuresis and the management
- What causes night time wetting
- The treatments nocturnal enuresis
- Bladder capacity
- Advice and support
- Routines
- Toileting patterns

To book on a session you can call our single point of access on **01922 423349**. We want to keep these sessions safe and open only to parents/carers of children attending a Walsall school. When you call, we will ask you a few details so that we can verify you and your child's details. Once you have booked a session, we will then send you an email invite to join that session nearer the time of the session. Your email will be hidden from other parents on the video session.